

Review to Thematic International Proceedings

Psychological research and practice

Proceedings of *Psychological research and practice* is a collection of scientific articles presented at the XV International Conference *Days of Applied Psychology* in Nis on September 2019. The aim of this conference was to connect researchers from different fields of psychology and also from different regions that presented their ideas and gave a scientific contribution to the explanation of various psychological phenomena. This scientific publication contains 18 original scientific articles, whose authors come from five different countries - Bulgaria, Slovakia, Italy, Serbia and Bosnia and Herzegovina. These papers belong to different fields of psychology (Personality psychology, Social psychology, Organizational psychology, Pedagogical psychology and Clinical psychology), but their contents fully correspond to the official topic of the conference.

Proceedings begin with an interesting and inspirational text that was presented as a plenary lecture, which emphasizes the importance of open science. Prosperity and productivity of the scientific community are possible if the principles of openness and increased visibility of scientific results are respected. Citizen science, open data and open access are some of the goals to be pursued. A number of articles focused on personal characteristics and their relationship with various psychological constructs such as cognitive strategies, well-being, perceived quality of certain products and eating behaviors. Especially interesting is the article that discusses the time perspective in relation to self-esteem. The results of these studies provide a useful contribution to a better understanding of individual differences among people and their reflections on different aspects of human life. The text made by the authors who presented the validation of a new instrument for measuring interpersonal processes also has the great importance. That instrument will enable progress in scientific research but also in the practical work of professionals.

Due to the increasing use of social networks among young people, the danger of cyberbullying is also increasing, the text of the authors who tried to determine the predictors of such behavior is also very important. Understanding aggressive behavior on the Internet is useful in the prevention and treatment activities.

Three articles have dealt with the problem of sexual behavior. It was found that there is a connection between development of authoritarian personality and development of homophobic attitudes. It has also been shown that sexual satisfaction is associated with body image, but also that some aspects of sexual behavior can be predicted by the dimensions of attachment. The results provide useful information for work in the field of intimate partnerships.

Some paper focused on the job satisfaction and burnout of workers and opened the question of whether it is possible to apply the principles of coaching psychology on work domains. The Proceedings also presented texts that have dealt with the specifics of different age periods. On the one hand, the issue of social structure in children's groups was considered, while on the other hand, adulthood was studied in relation to the anxiety that can occur in early adult and midlife transitional periods. Finally, topics in the field of therapy and counseling were discussed. It has been found that individuals use different strategies in dealing with problems and failures, and a very interesting idea about the application of mobile applications in the mental health treatment was presented.

This publication is an integration of approaches from different fields of psychology to one general topic. Despite the variety of papers, it seems that some contents complement each other and facilitate explanation of psychological constructs. This certainly increases the quality of the whole publication. All key terms are explained clearly and precisely so that the texts are understandable to the general population. Proceedings of *Psychological research and practice* offers answers to certain questions, but also opens new areas for future research. Reading this publication can provide useful and valuable information for practitioners, students and researchers in all domains of psychology.

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